

Sombrilla

International Development Society

Annual Report 2016-17



Contact us

11424 - 77 Avenue, Edmonton, AB Canada, T6G 0L8 sombrillahome@gmail.com www.sombrilla.ca Phone: 780-988-2976

A Message from the President



Water source for the plantation of passion fruit for the Women's Co-op in Honduras

Over the past year Sombrilla continued to support marginalized communities in Latin America through close collaboration with our partner organizations on the ground. As part of this work, we were able to successfully complete a number of

projects, including the first phase of the food security project near Huaraz, in the Peruvian Andes. We also established new partnerships, including a collaboration with an NGO in Honduras, to work with farm-

ers on climate change adaptation. This work was made possible by the considerable success of our dedicated fundraising team who connected with our local supporters in many different ways. With your continued support in the future we hope strengthen our efforts to provide opportunities for communities in Latin America.



The team outside the Rural Health Post of Marian

Urogynecology Project – Peru



Donna Wilson and Dr. Jorge Mayo demonstrating pessaries at a medical school in Lima

The Urogynecology Project, initiated in Peru in 2015, is based on a partnership between Sombrilla and the Urogynecology Clinic at the Lois Hole Hospital in Edmonton.

The goal of the project is to help women who suffer from untreated pelvic -related health problems due to pregnancy and child birth. 2017 was a very good year for this project. Thanks to Dr. Jorge Mayo, we were able to meet with the top gynecologists at a big medical school in Lima where we did presentations for the students and staff at the medical school and hospital.

The hospital then sent two of their residents to Huaraz to work with us and learn conservative

(non-surgical) management.

In the Huaraz area, we worked in each of the health posts to teach conservative care to local health care workers. This is new to them and includes physiotherapy, diet, and use of pessaries. All the women treated were indigenous and poor.

CAEOL Women's Agricultural Empowerment Project - Honduras



Women's Agricultural Project

The overall goal of the project is to empower women through integration into agricultural value chains. Based on the project proposal, women wanted to produce seedlings in a greenhouse and sell the plants to other members of the cooperative. Due to changes in the market and corresponding change in production focus of

the cooperative, the project partner suggested to integrate the women through establishment of a passion fruit production on their small-scale farms.

While the establishment of this field crop is still in the initial stages, once in production, it will generate income for the families. In addition to improvements of the household income through the sale of the fruit in the long term, the project generates employment opportunities for women in the rural areas, resulting in improved self-confidence and empowerment of their position in their families and in society.

Food Security Project in Yurac Yacu - Peru



Preschoolers in their greenhouse at the Yurac Yaku Community Centre

This project builds on the success of Sombrilla's long-term community development program in Yurac Yaku with a focus to improve food security and generate income.

Residents received materials and tools to build greenhouses or family gardens to produce vegetables and

fruit for their families. The last year has seen the greenhouses successfully established and this phase of the project is close to completion. Sombrilla also hired Jaime Cuaruro Oropeza to help families with any problems they may have. Jamie has an innovate approach to growing food and has proven skills to be successful supporting this project.

The families are presently starting seeds as they go into their second growing year with the greenhouses. Based on the success of phase 1, Sombrilla is planning to expand the project to more families and to add one more municipality to the project.

Did you know that only 3% of Sombrilla's budget goes to cover administration /insurance costs?

Education Scholarships - El Salvador

In spring 2016 Sombrilla started a new project in collaboration with CEBES PERQUIN, a local NGO in El Salvador. The project provides scholarships for young adults from rural communities to complete their post-secondary education.

In El Salvador relatively few young people have the opportunity to continue their studies beyond secondary school. An addition to the scholarship program this year is a more structured approach to the students community involvement. In past years community involvement was left to the discretion of each student who received a scholarship. This year CEBES Peraquin has defined involvement in the local community as working with young people. Each student is asked to form a youth group, with 5 or 6

members, that will meet twice a month to reflect on the issues affecting young people today.



Meeting of Scholarship Students, Casa CEBES

OCDIH Agricultural Project- Honduras

Sombrilla has partnered with OCDIH with the shared goal of increasing food security and promoting sustainable agricultural practises in regard to climate change and the local's original farming practises.

Originally the farming practises of the locals were causing soil erosion and led to difficulties in crop production. The goal is to teach new environmentally friendly techniques and to promote a secure way of farming in the most vulnerable communities.

Our strategy has involved identifying which families would benefit from the project, providing training workshops and attaining the necessary materials to

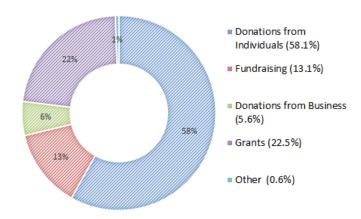
build farming and irrigation equipment. Three plots have macro tunnels for horticulture with irrigation systems. This strategy has progressed to the establishment of 110 family gardens.

Other Projects:

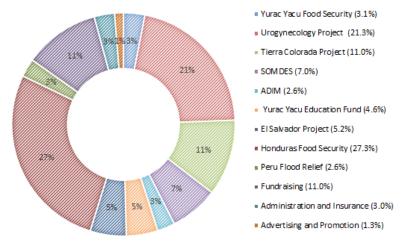
- Early childhood education and community development in Yurac Yacu, Peru
- Tierra Colorada School for 100 students , Guatemala
- ADIM Micropharmacy Project
- •SOMDES Vocational Training Sewing Project, Ayacucho, Peru

Financial Summary 2016-17

REVENUE 2016-17



EXPENSES 2016-17



2016/2017 Board of Directors

Katrin Hoffman, Chair Richard Stadlweiser, Vice-Chair Peter Schalk, Treasurer Kate Reynolds, Secretary Richard Heikkila, Member Sandra Gawad Gad, Member Jeff Goldie, Member Bronwyn Petersen, Member Nancy Tran, Member Cheryl Caul, Member Anand Mann, Member

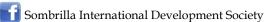
Thank you to our Funders and Donors

Government of Alberta, Community Initiatives Program

CHOICES IN COMMUNITY LIVING

And each of our many individual donors and supporters.





About Us

Sombrilla is an Albertabased, independent, non-governmental organization, founded in 1985 as a registered charity to facilitate projects supporting sustainable development, social justice, gender equity and human rights.

Our Mission

Sombrilla partners with communities in Latin America to empower them to assert their democratic, economic, cultural, and social rights.

Our Mandate

Sombrilla's mandate is to walk in solidarity with our partners in the global south towards effective social change for all.

Our Partners

Sombrilla develops partnerships with Latin American community-based organizations that share our mission in order to assist them in reaching their goals.