

# Sombrilla

International Development Society

# Annual Report 2016-17



#### Contact us

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## A Message from the President

Over the past year Sombrilla continued to support marginalized communities in Latin America through close collaboration with our partner organizations.

As part of this work, we were able to successfully complete a number of projects, including the first phase of the food security project in Yurac Yacu, Peru.

We also established new partnerships, including a collaboration with an NGO in Honduras OCDIU, to work with farmers on climate change adaptation.

This work was made possible

by the considerable success of our dedicated fundraising team who connected with our local supporters in many different ways.

With your continued support in the future we hope strengthen our efforts to provide opportunities for communities in Latin America.



The Urogynecology team in Marian, Peru

## Urogynecology Project - Peru



Donna Wilson and Dr. Jorge Mayo demonstrating pessaries at a medical school in Lima

The Urogynecology Project, initiated in Peru in 2015, is based on a partnership between Sombrilla and the Urogynecology Clinic at the Lois Hole Hospital in Edmonton.

The goal of the project is to help women who suffer from untreated pelvic related health problems due to pregnancy and child birth.

2017 was a very good year for this project. Thanks to Dr. Jorge Mayo, we were able to meet with the top gynecologists at a big medical school in Lima where we did presentations for the students and staff.

The hospital then sent two of their resident doctors to Huaraz to work with us and learn conservative (non -surgical) treatment.

In the Huaraz area, we worked in each of the health posts to teach conservative care to local health care workers. This is new to them and includes physiotherapy, diet, and use of pessaries. All the women treated were indigenous and poor.

## Women's Empowerment Project - Honduras



Women's Agricultural Project

The overall goal of the project is to empower women through integration into agricultural value chains. Based on the project proposal, women wanted to produce seedlings in a greenhouse and sell the plants to other CAEOL members of the cooperative. Due to changes in the market and corresponding change in production

project partner suggested to integrate the women through establishment of a passion fruit production on their small-scale farms.

While the establishment of this field crop is still in the initial stages, once in production, it will generate income for the families. In

focus of the cooperative, the addition to improvements of the household income through the sale of the fruit in the long term, the project generates employment opportunities for women in the rural areas, resulting in improved self-confidence and empowerment of their position in their families and in society.

#### Food Security Project in Yurac Yacu - Peru



Preschoolers in their greenhouse at the Yurac Yaku Community Centre

This project builds on the success of Sombrilla's long-term community development program in Yurac Yaku with a focus to improve food security and generate income.

Residents received materials and tools to build greenhouses or family gardens to produce vegetables and

fruit for their families. The last year has seen the greenhouses successfully established and this phase of the project is close to completion. Sombrilla also hired Jaime Cuaruro Oropeza to help families with any problems they may have. Jamie has an innovate approach to growing food and has proven skills to be successful supporting this project.

The families are presently starting seeds as they go into their second growing year with the greenhouses. Based on the success of phase 1, Sombrilla is planning to expand the project to more families and to add one more municipality to the project.

Did you know that only 3% of Sombrilla's budget goes to cover administration costs?

## Education Scholarships - El Salvador

In spring 2016 Sombrilla started a new project in collaboration with CEBES PERQUIN, a local NGO in El Salvador. The project provides scholarships for young adults from rural communities to complete their post-secondary education.

In El Salvador, few young people have the opportunity to continue their studies beyond secondary school. Community involvement of the students, which is part of the program, is approached in a more structured way this year. In past years community involvement was left to the discretion of each student who received a scholarship. This year, CEBES Perquin has defined involvement in the local community working with young people. Each

student is asked to form a youth group of 5 or 6 mem-

bers that will meet twice a month to reflect on the issues affecting young people today.



| Meeting of Scholarship Students, Casa CEBES

## Climate Change Adaption Project- Honduras

Sombrilla has partnered with OCDIH with the goal of increasing food security and promoting sustainable agricultural practises in regard to climate change and the local's common farming practises.

In the past, the farming practises of the locals were causing soil erosion and led to difficulties in crop production. The goal is to share new environmentally friendly techniques and to promote a secure way of farming in the most vulnerable communities.

Our project has involved identifying which families would benefit from the project, providing training workshops and attaining the necessary materials to build farming and irriga-

tion equipment. Three plots have macro tunnels for horticulture with irrigation systems. This project has progressed to the establishment of 110 family gardens.

## Other Projects:

- Early childhood education and community development in Yurac Yacu, Peru
- Tierra Colorada School for 100 students, Guatemala
- •SOMDES Vocational Training Sewing Project, Ayacucho, Peru

#### **About Us**

Sombrilla is an Albertabased, independent, non -governmental organization, founded in 1985 as a registered charity to facilitate projects supporting sustainable development, social justice, gender equity and human rights.

#### **Our Mission**

Sombrilla partners with communities in Latin America to empower them to assert their democratic, economic, cultural, and social rights.

#### 2016/2017

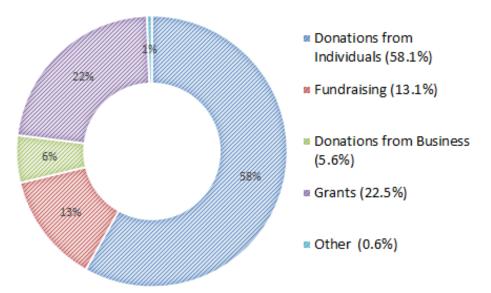
#### **Board of Directors**

- Katrin Hoffman, Chair
- Richard Stadlweiser, Vice-Chair
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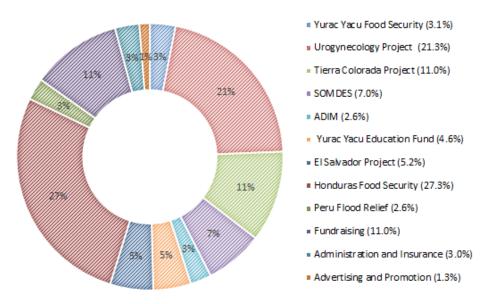
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- Nancy Tran, Member
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- Anand Mann, Member
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## Financial Summary 2016-17 **REVENUE 2016-17**



#### **EXPENSES 2016-17**



### Thank you to our Funders and Donors

Government of Alberta, Community Initiatives Program CHOICES IN COMMUNITY LIVING And each of our many individual donors and supporters.



